



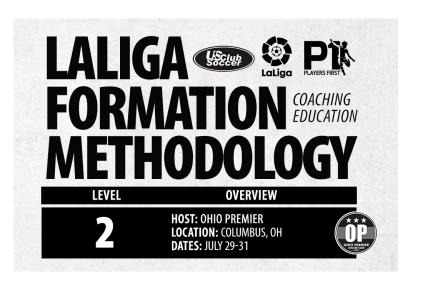


Registration now open for LaLiga Formation Methodology Level 2 course, hosted by Ohio Premier

This course is a part of the LaLiga Formation Methodology series, and coaches are able to attend two parts of the series this summer in Ohio!

- Level 3 course (introductory) from June 10-12 in Cleveland, Ohio
- Level 2 course (advanced) from July 29-31 in Columbus, Ohio
- Level 1-U.S. course (expert) planning for 2023 in Ohio

View all upcoming LaLiga Formation Methodology courses here.



Level 2 Course in Columbus, OH; July 29-31, 2022

Registration / Schedule:

- Register here
- View schedule here

Location:

<u>Classroom</u>: Embassy Suites Columbus Dublin, 5100 Upper Metro Place, Dublin, OH 43017

<u>Field:</u> Ohio Premier Training Facility, 8690 US-42, Plain City, OH 43064

Course fees:

• Ohio Premier/GLA Coach: \$300

US Club Soccer member: \$350

• Non-US Club Soccer member: \$400

Hotel:

US Club Soccer will provide an optional room block for individual booking at the Embassy Suites Columbus Dublin as the course nears.

Course Details

<u>LaLiga Formation Methodology courses</u> outline the philosophy and methods used across LaLiga to train, develop and form some of the world's top players. There are three levels, with Level 3 serving as an introduction to the comprehensive development strategies used by the top professional league in the world. Level 2 will serve as the intermediate stage, and Level 1 expands further on coaching education methods with time in Spain working directly with Spanish academies.

The approximately 22-hour Level 2 course is generally conducted over $2\frac{1}{2}$ -3 days and includes theory (classroom) and practical (field) sessions. Topics include:

- Know and understand the different players needs and requirements per position and game model.
- Individualize the training regarding player specificity and demands.
- Set different exercises to work specifically by lines and positions.
- Apply different principles of the game model to training to match our intervention to the reality of the game.
- Learn the different fundamentals and characteristics of the development stage and its application.
- Introduce the goalkeeper role and training fundamentals.
- Learn different technologies applied to the game from multiple roles: coaching, scouting, analyzing, etc.
- Set coherent programming in short and medium term adapted to their own reality and player characteristics.

For questions about the course, please contact playersfirst@usclubsoccer.org.